



New virtual family program now available nationwide

With addiction and mental health needs growing amid the pandemic, the Hazelden Betty Ford Foundation has launched a new education and support program for families—accessible at no cost right in the home.

Delivered virtually as part of our RecoveryGo behavioral health service, this one-day session is based on Hazelden Betty Ford's world-class, on-site family program and recognizes that when one family member has a substance use disorder, everyone is affected. By attending any of the four weekly offerings below, the patients and clients you serve will learn valuable skills for working through the chaos of addiction in the family, setting healthy boundaries and rebuilding trusting relationships. *(Click to register. Individual registration is required for each family member/attendee.)*

- [Wednesdays, 10 a.m.-5:30 p.m. Central](#)
- [Thursdays, 8:30 a.m.-5:30 p.m. Central](#) *(structured specifically for parents/guardians and siblings of loved ones ages 12-23)*
- [Fridays, 10:30 a.m.-6:30 p.m. Central](#)
- [Saturdays, 8:30 a.m.-5:30 p.m. Central](#)

While the world continues to wrestle with COVID-19, families are struggling with addiction as well. We are grateful at this time to be able to make our new virtual family program available free to anyone who needs it, no matter where they live.

Learn more at [RecoveryGo](#).



How far is the reach of RecoveryGo?

Just two months ago, the Hazelden Betty Ford Foundation's outpatient addiction treatment and mental health services were available in 15 cities. Today, those high-quality, insurance-eligible services are available to people in 7,648 cities—and every rural area in between—across eight states, and counting.

Our care is no longer limited to the places where we have rooms, walls, chairs, flip charts and licensed clinicians physically located. Thanks to Hazelden Betty Ford's growing virtual service options, your patients and clients can get help from the nation's leader in addiction and co-occurring mental health treatment no matter where they live in California, Florida, Illinois, Minnesota, New Jersey, New York, Oregon or Washington. From Green Acres, CA, to Cooperstown, NY, we are there.

While Hazelden Betty Ford will be expanding virtual outpatient and mental health services to even more states soon, **many of our other RecoveryGo telehealth solutions—like the new one-day, no-cost virtual family program—are already available to everyone in every state, and beyond.** Together with you, we look forward to spreading recovery to every corner of the country.

If your patients and clients are in need of outpatient addiction treatment, mental health or family programming, please reach out to us to learn more. Visit our [website](#) or call a patient access coordinator at [1-800-257-7800](tel:1-800-257-7800).

New Research Available—Learn more about the effectiveness of telehealth for addiction treatment and recovery in the latest research update from the Butler Center for Research.

[Read More →](#)

Free Online Resources

Let's Talk Webinars

May 20 | noon-1 p.m. Central

Differing Shades of Shame in Substance Use Disorders

Presenter: Kristen Schmidt, MD

Shame is a word often used by both patients and care providers in addressing substance use disorders. But there are differing shades of shame—with different implications for recovery. Join psychiatrist Kristen Schmidt, MD, to define and differentiate healthy and unhealthy aspects of shame that can either impede or promote recovery from substance use disorders. Dr. Schmidt will also discuss emerging evidence on the interaction between stigma and shame.

[Register Today →](#)

June 10 | 1:30 p.m. Central

How to Help Families Struggling with Teen Substance Use

Presenter: Kate Roselle, MA, MBA, LPCC, Youth Outreach Manager

When a young person develops a substance use problem, parents and other family members looking to cope sometimes adopt unhealthy behaviors themselves such as keeping secrets or finding scapegoats. Join counselor Kate Roselle to examine how to help the families you serve when adolescent substance use is in the picture. Roselle will share important insights and practical strategies for working with families, especially when they begin to engage with in-person or virtual treatment services.

[Register Today →](#)

Online Support Meetings, Family Resources, Apps and More

Check out all of the free support resources to help keep your patients' and clients' recovery strong.

[Learn More →](#)

Podcasts

Let's Talk Addiction and Recovery: An award-winning podcast series hosted by William C. Moyers

Check out all of our episodes including interviews about addiction recovery and support for families and family roles when addiction takes hold.

[Listen, Watch and Share →](#)

Help Us Advocate

Hazelden Betty Ford is part of a broad coalition of behavioral health organizations and patient advocacy groups asking Congress for crisis funding to help ensure patients in need continue to get services during the pandemic. We are working with our trade association, the National Association of Addiction Treatment Providers, to advocate for [\\$38.5 billion in proposed direct payments](#) to organizations providing mental health and substance use disorder treatment. U.S. House leaders are looking to pass another pandemic relief package as early this Friday. At this time, the [proposal](#) does not include all of the funding that our coalition is seeking. You can help by thanking your own U.S. Senators and Representative if they have [signed on in support](#) of the \$38.5 billion in emergency funding for behavioral health organizations or by asking for their support.

- [Contact your members of Congress](#)
- [Sign up for our regular Advocacy Updates](#)

24/7 Access to Help

Our Referent Relations team is available to support you and your patients and clients—now amid the pandemic and always.

To reach a member of the team and start an admission, call [1-855-348-7018](tel:1-855-348-7018) or email us at Hope@HazeldenBettyFord.org. Additional resources include the National Suicide Hotline at [1-800-273-8255](tel:1-800-273-8255).

Thank you for your commitment and compassion to the individuals and families that need our collective help now more than ever.

Your Gift Doubles The Impact

Right now, more than ever and more than anything, people struggling with addiction need to know they are not alone and that help is within reach.

That's why several generous donors have come together with a **\$225,000 matching gift challenge to support Hazelden Betty Ford's COVID-19 Response Fund**. These benefactors are challenging donors like you to raise an additional \$225,000 to help us expand the reach of lifesaving residential and virtual addiction treatment.

This means your dollars will go twice as far in helping more people access the care they need and deserve.

Donate Now →

You are receiving this message because you've registered or accepted our invitation to receive email from the Hazelden Betty Ford Foundation.

[View Online](#) | [Preferences](#) | [Unsubscribe](#)



Hazelden Betty Ford Foundation
15251 Pleasant Valley Rd.
PO Box 11 RW19
Center City, MN 55012-0011