



Meet Your Nutritious Friend:
Whistling Watermelon

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Mini Cinni Rolls	Dutch Waffle	Chocolate Chip Muffin	French Toast Sticks with Syrup	Banana Bread
Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers
8	9	10	11	12
Mini Maple Pancakes	Banana Muffin	Cinnamon Toast Crunch French Toast	Glazed Dunkin Stick	Apple Strudel
Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers
15	16	17	18	19
CHEF'S CHOICE	CHEF'S CHOICE	CHEF'S CHOICE	CHEF'S CHOICE	CHEF'S CHOICE
To Be Announced	To Be Announced	To Be Announced	To Be Announced	To Be Announced
22	23	24	25	26
CHEF'S CHOICE		HAVE A GREAT SUMMER! 		
To Be Announced				
29	30			

What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Whole Grain Cereals Offered Daily (Alternated) (served with graham crackers)

Cinnamon Toast Crunch, Trix, Cocoa Puffs, Honey Nut Cheerios, Rice Chex, Kix, Apple Cinnamon Cheerios, Froot Loops, Lucky Charms, Golden Grahams

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free chocolate, fat-free strawberry

(V) Vegetarian

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan

These items do not contain any animal products

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Meal Prices

Student Breakfast \$1.50
Reduced Breakfast \$0.00

