

BUENA REGIONAL MIDDLE SCHOOL LUNCH MENU

October 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1 Chicken & Mashed Potato Bowl with Roll Mashed Potatoes Baby Carrots	2 Assorted Pizza Roasted Zucchini Red Pepper Strips
5 Chicken Nuggets with Mac & Cheese Green Broccoli Glazed Carrots	6 Pepperoni & Cheese Melt on a Pretzel Roll Waffle Fries Cucumber Salad	7 BBQ Cowboy Burger with Bacon Baked Beans Green Pepper Strips	8 Toasted Cheese Sandwich (V) Tomato Soup Corn Salad	9 CLOSED
12 CLOSED 	13 BYO Beef Soft Tacos Steamed Corn Mexicali Beans	14 Asian Sesame Chicken over Rice Fresh Popped Popcorn Treat! Steamed Broccoli Roasted Carrots	15 Choice of Waffles/French Toast Served with Cheese Omelet Tater Tots Cucumber Salad	16 Assorted Pizza Oven Roasted Zucchini French Fries
19 Pasta with Meat Sauce Zesty Country Green Beans Roasted Carrots	20 Chicken & Cheese Quesadilla Mexicali Beans Steamed Corn	21 Pizza Sticks with Dipping Sauce Steamed Broccoli Caesar Salad	22 Garlic Parm or Honey Spicy Wings with Roll Curly Fries Cucumber Salad	23 Assorted Pizza Celery Sticks with Dip Mixed Veggies
26 Breaded Chicken Tenders w/ Roll Crinkle Cut Fries Steamed Broccoli	27 French Toast Sticks with Sausage Link Hash Brown Patty Pepper Strips with Dip	28 BYO Chicken or Beef Burrito Bowl Black Beans Garden Salad	29 Beef Nachos with the Works Cucumber Salad Carrot Sticks with Dip	30 Assorted Pizza Spooky Pudding Treat! Steamed Green Beans Caesar Salad

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student \$3.35
Adult \$4.10

Alternated Daily (Subject to Change)

Pizza Bites
Chicken Patty
Deli Sandwiches
PB&J Uncrustable
Muffin Fun Lunch

Fruit & Veggie Selection

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice
Assorted fresh veggies with dip
Students may choose two ½ cup servings.

Milk Selection

Low-Fat Chocolate, 2% White, Low-Fat Strawberry

Your Dining Services Team

Jacqueline Gallo, RD, SNS
Food Service Director
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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

