

**BUENA REGIONAL SCHOOL DISTRICT
MIDDLE SCHOOL LUNCH MENU**

September 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

3

4

Choice of Waffles or
French Toast with Cheese Omelet

Assorted Pizza

Tater Tots
Fresh Cucumber Salad

Oven Roasted Zucchini
French Fries

7

CLOSED

8

Chicken & Cheese Quesadilla with
Sour Cream & Salsa

9

Pizza Breadsticks with Marinara
Sauce

10

Garlic Parm or Honey Spicy Wings
with Dinner Roll

11

Assorted Pizza

Mexicali Beans
Sweet Corn

Seasoned Broccoli
Caesar Salad

Curly Fries
Fresh Cucumber Salad

Celery Sticks with Dip
Mixed Veggies

14

Breaded Chicken Tenders
with Dinner Roll

15

French Toast Sticks
with Sausage Links

16

B-Y-O Beef or Chicken Burrito Bowl

17

Beef Nachos with the Works

18

Assorted Pizza

Crinkle Cut Fries
Steamed Broccoli

Hash Brown Patty
Pepper Strips with Dip

Seasoned Black Beans
Garden Side Salad

Cucumber Salad
Carrot Sticks with Dip

Steamed Green Beans
Caesar Salad

21

Chicken Fajitas with Sour Cream
& Salsa

22

Italian Meatball Sub

23

Chicken Alfredo over Penne with
Breadstick

24

Top Your Own
Macaroni & Cheese Bowl

25

Assorted Pizza

Mexicali Beans
Roasted Zucchini

Waffle Fries
Seasoned Green Beans

Glazed Carrots
Cucumber Salad

Steamed Broccoli
Pepper Strips with Dip

Mixed Veggies
Caesar Salad

28

General Tso's Chicken
with Rice

29

Top Your Own Beef or Chicken
Cheesesteak

30

Bacon, Egg & Cheese on Biscuit

Steamed Broccoli
Romaine Salad

Seasoned Black Beans
Curly Fries

Tater Tots
Fresh Cucumber Salad

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student \$3.35
Adult \$4.10

Alternated Daily (Subject to Change)

Assorted Pizza
Chicken Patty/ Spicy Chicken Patty
Cheeseburger/ Hot Dog
Deli Sandwiches
PB&J Uncrustable
Muffin Fun Lunch

Fruit & Veggie Selection

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice
Assorted fresh veggies with dip
Students may choose two ½ cup servings.

Milk Selection

Low-Fat Chocolate, 2% White, Low-Fat Strawberry

Your Dining Services Team

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Food Service Director
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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

