

BUENA REGIONAL SCHOOL DISTRICT
PRE-K LUNCH MENU

September 2026

EAT SMART
BE SMART



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

3

4

Pancakes with Cheese Omelet

Cheese Pizza

Tater Tots
Assorted Whole Fruit
2% White Milk

Caesar Salad
Assorted Fruit Cups
2% White Milk

7

8

9

10

11

CLOSED

Beef Soft Tacos

Chicken Nuggets with Pretzel Stick

Toasted Waffle with Sausage Patty

Pepperoni Pizza

Mexicali Beans
Assorted Whole Fruit
2% White Milk

Glazed Carrots
Assorted Fruit Cups
2% White Milk

Hash Brown Patty
Assorted Whole Fruit
2% White Milk

Caesar Salad
Assorted Fruit Cups
2% White Milk

14

15

16

17

18

Breaded Chicken Tenders with Roll

Cheeseburger

Pizza Sticks with Dipping Sauce

Toasted Cheese
Sandwich

Cheese Pizza

Crinkle Cut Fries
Assorted Fruit Cups
2% White Milk

Baked Beans
Assorted Whole Fruit
2% White Milk

Steamed Broccoli
Assorted Fruit Cups
2% White Milk

Tomato Soup
Assorted Whole Fruit
2% White Milk

Caesar Salad
Assorted Fruit Cups
2% White Milk

21

22

23

24

25

Chicken Patty on Bun

Hot Dog on Bun

French Toast Sticks
with Sausage Links

Macaroni & Cheese

Pepperoni Pizza

Steamed Broccoli
Assorted Fruit Cups
2% White Milk

Baked Beans
Assorted Whole Fruit
2% White Milk

Tater Tots
Assorted Fruit Cups
2% White Milk

Steamed Carrots
Assorted Whole Fruit
2% White Milk

Caesar Salad
Assorted Fruit Cups
2% White Milk

28

29

30

Breaded Chicken Fries with a Roll

Pizza Crunchers with a Pretzel
Stick

Egg & Cheese on Biscuit

Seasoned Black Beans
Assorted Fruit Cups
2% White Milk

Seasoned Broccoli
Assorted Whole Fruit
2% White Milk

Tater Tots
Assorted Fruit Cups
2% White Milk

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student \$3.10
Adult \$4.10

Daily Alternate

PB & J Uncrustable

Fruit & Veggie Selection
(Alternated)

Seasonal fresh fruits & canned fruit in light syrup

Your Dining Services Team

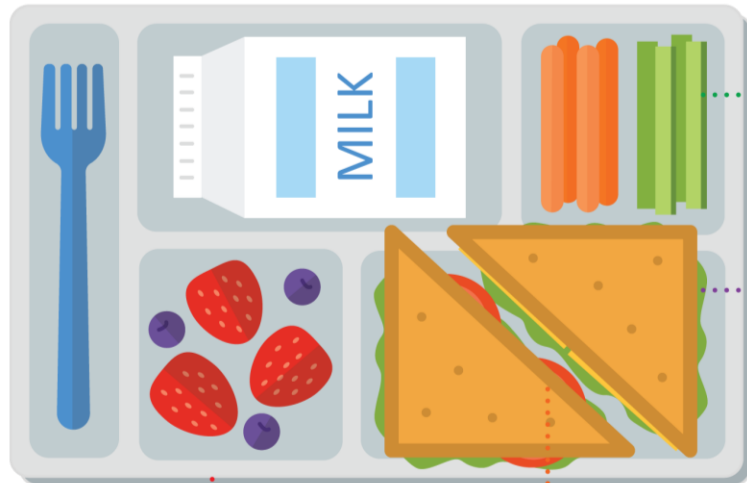
Jacqueline Gallo, RD, SNS
Food Service Director
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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal



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CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



MILK IS MIGHTY

Non-fat and low fat options. Flavors like chocolate and strawberry. Calcium builds bones and teeth!



GNAW ON RAW

Veggie Patch, salad, and cooked. Veggies have fiber for digestion



POWER UP WITH PROTEIN

Meat, cheese, eggs, yogurt, and peanut butter. Protein helps us grow!



WHOLE GRAINS = WHOLE PACKAGE

Bread, cereal, and crackers. Grains give us energy!



PURSUIT FOR FRUIT

Fresh, cupped, or 100% juice, fruit is nutrient-packed!

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LUNCH PRICES

Student Lunch:	\$3.10
Adult Lunch:	\$4.10

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Meet Your
nutritious friends

Peach Puppies



YOUR DINING SERVICES TEAM

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