Breakfast Menu

Daily Choices
Buena Regional Middle School



Daily Breakfast Bites

(May Alternate)



Assorted Muffins
Assorted Cereal with Graham Crackers
Kellogg's Pop-Tarts
Yogurt Parfait
Breakfast Pizza Bites
Pancakes w/Syrup
Nutri Grain & Cereal Bars
Mini Cheese Filled Bagels (Strawberry, Cinnamon, Apple)
Waffles & Dutch Waffles (Wednesdays)
French Toast Sticks
Donut Sticks & Donut Holes
Banana Bread





Mondays & Fridays:

Assorted Bagels with Cream Cheese or Butter

Tuesdays & Thursdays:

Assorted Breakfast Sandwiches *(Sausage or Bacon)*

Choose at least 3 of 4 meal components for the school breakfast price: Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Milk Choice:

Low Fat Chocolate & Strawberry Milk, 2% White Milk

Breakfast Meal Paid ~ $1.60 **Free/Reduced ~ $0.00**







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